



# Olympic Torch Relay

Friday 22 June 2012

The Olympic flame  
travels through the  
Lancaster district.

# Velocity

A Celebration of Sport in the Lancaster District  
Friday 22 June - Sunday 24 June 2012

LANCASTER  
CITY COUNCIL

Promoting City, Coast & Countryside

Velocity

A Celebration of Sport  
in the Lancaster District

# The Olympic Flame is coming

Join us and line the streets



As part of its 70 day journey across the UK, the Olympic Torch visits the Lancaster district on Friday 22nd June.

This is your once in a lifetime opportunity to be part of the greatest show on earth and cheer on the inspirational torchbearers who have been chosen to carry the torch on its journey across the country to the Olympic Park in London.

Check out the map opposite for details of the route and approximate times the torch will be passing through each community.

Schools and community groups are all taking part in the celebrations so why not join in and make the day one in which we can all use to take pride in our beautiful area.

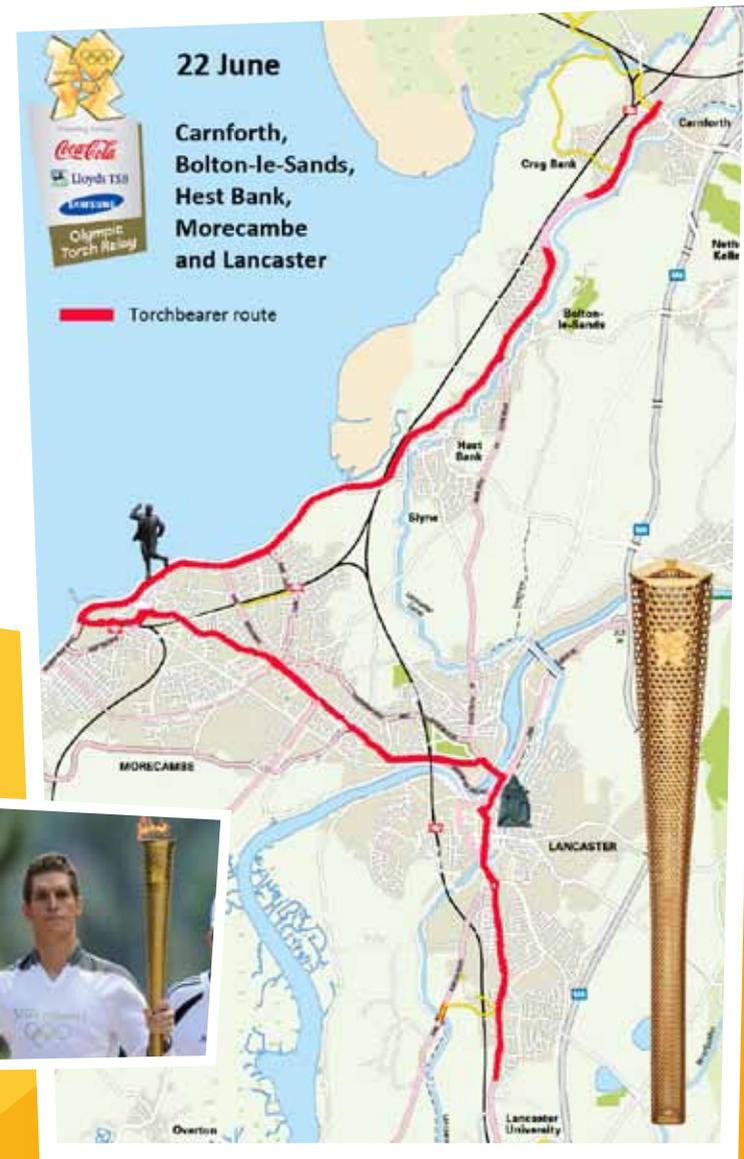
So the Torch can successfully complete its journey a rolling road closure will take place on the day. This means the roads will close in sections on a temporary basis but will then re-open again when the Torch has passed each stage of its journey.

Plan your journey with this in mind and if you're travelling to work on the day consider using public transport.

As an added bonus we'll be holding the Velocity Festival over the weekend of June 22, 23 and 24 to coincide with the torch's arrival.

This celebration of sport in the Lancaster district promises to be a high octane weekend featuring cycle racing, sailing, kayaking, kite surfing and more. You can even join in with many of the sports in special trial sessions on Saturday and Sunday.

More details of the festival and how to get involved can be found on pages 5 - 8.



Get ready to line the route at the following times:

Carnforth	- 9.47am to 9.59am
Bolton-le-Sands	- 10.03am to 10.17am
Hest Bank	- 10.20am to 10.33am
Morecambe	- 10.36am to 12.02pm
Lancaster (Scale Hall to Our Lady's)	- 12.03pm to 12.29pm
Lancaster (Our Lady's to Scotforth)	- 1.32pm to 2.08pm



# Velocity

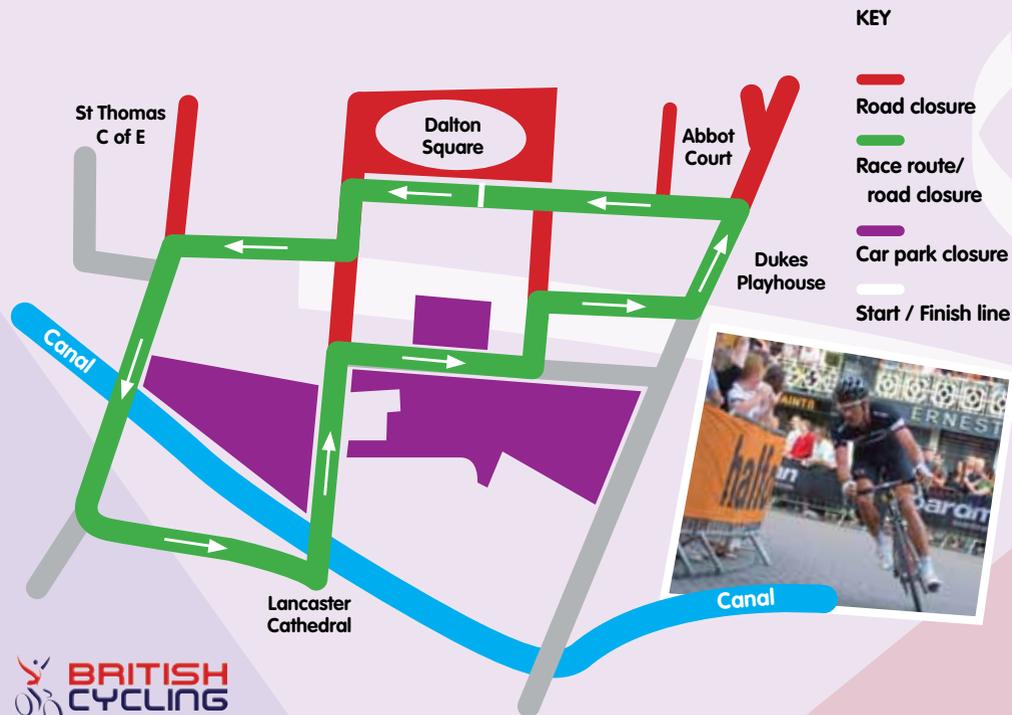
A Celebration of Sport  
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Taking place from June 22 to 24, the Velocity Festival is a high energy weekend of sport.

## City Centre Cycle Race

It kicks off with a cycle race around the Dalton Square area of Lancaster on June 22 from 7pm.

Up to 70 riders will compete in two road races around a course which will put their abilities to the test. Spectators are encouraged to turn up, enjoy the races and cheer on the competitors.



## The races are:

7pm: Regional B Event for 3/4/W categories – 45 minutes

8pm: National B Event for Elite/1/2/3 – 50 minutes

And while you're enjoying the sport, pay a visit to Dalton Square which will be hosting a local food event.

"SHINE Lancaster" will be a packed weekend of music and family entertainment, food and drink from June 22 to 24.

Expect to see a celebration of the best of the region; family entertainment, live bands and performers, street theatre acts, food and drink from local producers, local brewery ales and ciders.

The food festival will open on Friday (afternoon and evening), Saturday (afternoon and evening), Sunday (afternoon).

## PLEASE NOTE:

A number of roads and car parks will be closed to allow the cycle race to go ahead. Attendees are advised to use alternative modes of transport. Diversions will be posted and more information is available at [www.lancaster.gov.uk/velocity](http://www.lancaster.gov.uk/velocity)



Enter the race and find out more - [www.cdnw.org/lancastercrits.html](http://www.cdnw.org/lancastercrits.html)

The Velocity Festival continues into the weekend and sees a number of sporting activities taking place in Morecambe, many of which you can take part and have a go.

- 1** Try sailing - Yacht Club Slipway, opposite Morecambe Town Hall.  
Sat 12.15pm to 3.30pm, Sun 1pm to 4pm.

Have a go at sailing courtesy of Morecambe and Heysham Yacht Club. Our 30 minute taster sessions are open to anyone aged 10 and above (10 to 16 year olds must be accompanied by a responsible adult) and all equipment is provided.

FREE, but booking is required and conditions apply. See [www.lancaster.gov.uk/velocity](http://www.lancaster.gov.uk/velocity) for more information or call 01524 842493 to book.

- 2** Try Kayaking - Yacht Club Slipway, opposite Morecambe Town Hall.  
Sat 12.30pm to 3.15pm, Sun 1pm to 3.45pm.

Lancaster and District Canoe Club invite you to experience the exciting sport of kayaking in the beautiful surroundings of Morecambe Bay. These one hour taster sessions are open to anyone aged 10 and above (10 to 16 year olds must be accompanied by a responsible adult) and all equipment is provided.

FREE, but booking is required and conditions apply. See [www.lancaster.gov.uk/velocity](http://www.lancaster.gov.uk/velocity) for more information or call 01524 842493 to book.

- 3** Stand-up paddle boards - near The Midland Hotel. Saturday pm.

Demonstration of paddle board surfing to the left of the Stone Jetty.

- 4** Kite surfers - The Battery, Morecambe.  
Sat 10am to 4pm, Sun 10.30am to 4.30pm.

Be amazed as experienced kite surfers show off their flicks and tricks and compete in a series of competitions. Highlights include the Big Air competition, Saturday 1pm to 4pm and Best trick competition, Sunday 2.30pm to 4pm.

- 5** Skate park - The Battery, Morecambe.  
Saturday and Sunday, 11am to 4pm.

The mobile skate park will be available for anybody to turn up and grab some air. All equipment is provided.

- 6** Jet Ski stunt display - Green Street slipway, Morecambe Promenade. Sun 1pm to 4pm.

FNT Display Team is the UK's leading freestyle Jet Ski stunt team and this special session for Velocity sees them provide a jaw dropping show that's suitable for all. Prepare to be amazed with a variety of tricks, back flips, flares and other incredible stunts.

- 7** BMX demonstration and stunts - The Battery, Morecambe. Sun 11am to 4pm.

Professional trials rider, Ben Slinger, will be performing tricks and stunts in 3 amazing shows.

- 8** Music and entertainment - West End Gardens, Morecambe. Sat and Sun, 11am to 4pm.

More Music will be creating a magical atmosphere with a range of different musical styles.

- 9** Go Ride cycle racing event - cycle track, Salt Ayre Sports Centre, Lancaster.  
Sat 9.30am to noon.

Go Ride cycle racing events are an informal introduction to racing for anyone aged 8 to 16. The day will include a short time trial (2 miles), a sprint (400m) and then a circuit race to finish. £2 - just turn up and join in the fun.

- 10** Guided cycle rides - Salt Ayre Sports Centre reception, Lancaster.  
Sat 12.15pm to 4pm, Sun 12.15pm to 4pm.

Two rides open to all ages and abilities along popular cycle tracks in the district. Riders need to supply their own bikes and helmets. The Saturday circular ride takes in the Crook of Lune, Bull Beck and Caton. The Sunday circular ride visits Condor Green and Glasson Dock. FREE, but book your place by calling 01524 842493.

- 11** Road to The Open, The Arena, Morecambe Promenade. Sun 1pm to 4pm.

With the Open Championship coming to Royal Lytham later this year, there's never been a better time to get involved with golf. Come along to test your skills in this free taster session and find out more about this popular sport.



**Live music all weekend!**  
To compliment the sporting action, there's live music from local artists along the promenade, Yacht Club and More Music tent in West End Gardens - **8**  
Sat and Sun 11am to 4pm.

## Thankyou

Thanks go to all the individuals and groups who have contributed to making the Torch Relay and Velocity Festival a great weekend. They include, in no particular order;

Bay Kite Surfers, Morecambe and Heysham Yacht Club, The Dalton Rooms, Lancaster District Canoe Club, Salt Ayre Cog Set, More Music, Cycling Development North West and FNT Display Team, Brookbank Canoes, British Cycling and all the volunteer marshals from our local cycling clubs.

As well as the Velocity Festival there's a whole host of other events taking place over the weekend. To see what's happening in the district and book accommodation, visit: [www.citycoastcountryside.co.uk](http://www.citycoastcountryside.co.uk)

### Friday 22 June

#### Blueswater Festival

The Platform, Morecambe 7pm to late.

[www.morecambelive.com](http://www.morecambelive.com)

### Saturday 23 June

#### 'The Crucible'

by Arthur Miller. Lancaster Priory.

[www.lancasterpriory.org](http://www.lancasterpriory.org)

#### Blueswater Festival

The Platform, Morecambe Noon to 5pm and 8pm to late.

[www.morecambelive.com](http://www.morecambelive.com)

#### MAODS presents The Sound of Music

Lancaster Grand Theatre, St Leonardgate, Lancaster. 2.15pm and 7.15pm.

[www.lancastergrand.co.uk](http://www.lancastergrand.co.uk)

#### Haffner Orchestra Concert

The Ashton Hall, Dalton Square, Lancaster 7.30pm.

### Torrisholme Folk Festival with More Music

Torrisholme village, Morecambe.

### Sunday 24 June

#### Blueswater Festival

The Platform, Morecambe - 2pm to 5pm.

Featuring The Alex McKown Band, The Section and The Hustle.

[www.morecambelive.com](http://www.morecambelive.com)

#### Brass Band Concert

Happy Mount Park, Morecambe at 2.30pm by Morecambe Band. Free Admission.

#### Lancaster Castle Marathon

[www.ukroadraces.info/events.htm](http://www.ukroadraces.info/events.htm)

#### Larks in the Park

Music and arts festival featuring the best of young, local talent. Hosted by Aspire Project, Young Addaction. Williamson Park, Lancaster. 12pm.

For more information visit: [www.lancaster.gov.uk/velocity](http://www.lancaster.gov.uk/velocity)

#### Disclaimer

All events are correct at the time of going to press and some activities need certain weather conditions to take place. See [www.lancaster.gov.uk/velocity](http://www.lancaster.gov.uk/velocity) for all the latest information about the Velocity Festival and [www.lancaster.gov.uk/london2012](http://www.lancaster.gov.uk/london2012) for up-to-date information about the Torch Relay. Many of the trial sessions within the Velocity Festival involve adventurous sporting activities. Lancaster City Council and its festival partners whilst taking all reasonable care can accept no responsibility for any loss, damage to property or personal injury during the taster sessions.