



TRANQUIL
SPA & BEAUTY

Spa Days

Relax and unwind in the welcoming surroundings of Tranquil Spa. Whether you are spending an hour or an afternoon with us, we'll make sure you achieve total wellbeing and leave feeling relaxed, re-rejuvenated and happy.

Choose your Spa Day...

All packages include hire of a towel, fluffy robe and slippers.

Solely Spa Day

Relax and enjoy the Tranquil Thermal Spa Journey, which includes Herbal sauna, Ice chute, Watermill sauna, Salt inhalation chamber, Aroma steam room & Health shower. Relax in our exclusive Relaxation room and finish off your day with a delicious Afternoon Tea.

£39 per person
Available Monday - Thursday Only

Girls' Night Out

Get the girls together for a glamorous night out, special event, or just to treat yourselves because you are so fabulous! Enjoy the Tranquil Thermal Spa Journey, followed by your choice of 30 min treatment, choose from: GELeration on hands or feet, Back massage, Express facial or a Make up session. Finish off your day with a delicious Afternoon Tea & a glass of prosecco.

£55 per person
Available Thursday & Friday Only

Unwind

Take your time and unwind in our Tranquil Spa Thermal Journey accompanied by a relaxing 30 min or 60 min treatment. Choose from: Back massage or Express facial (30 min), Full body massage or Full facial (60 min). Finish off your day with a delicious Afternoon Tea.

£49 per person (30 min treatment)
£69 per person (60 min treatment)



Re-vitalise

Re-charge and re-tune yourself with the Re-vitalise Spa Day. Enjoy the Tranquil Spa Thermal Journey accompanied by your choice of 60 or 90 min treatments, choose from: Full body scrub & Back massage (60 min) or Full body scrub & Full body massage (including scalp) (90min). Finish off your day with a delicious Afternoon Tea.

£69 per person (60 min treatments)
£89 per person (90 min treatments)

Divine

The ultimate relaxation experience leaving you feeling just divine. Start your day with the Tranquil Spa Thermal Journey and then enjoy your choice of 90 min treatments. Choose from: Back massage & Full facial, or Full body massage & Express facial. Finish off your day with a delicious Afternoon Tea & a glass of prosecco.

£99 per person

Blooming Blissful

No better way to treat a gorgeous mum-to-be or new mum than with our Blooming Blissful Spa Day. New mums can enjoy the Tranquil Thermal Spa Journey (not permitted for those who are pregnant), and then indulge with your choice of 30 min, 60 min or 75 min treatment. Choose from: Pregnancy/ Post pregnancy back massage (30 min), Express facial (30 min), Pregnancy / Post pregnancy full body massage (60 min), Full facial (60 min), or Full manicure or pedicure with GELeration (75 mins). Finish off your day with a delicious Afternoon Tea.

£49 per person (30 min treatments)
£69 per person (60 min treatments)
£79 per person (75 min treatments)

Perfect Pair

Treat someone you love to a wonderfully indulgent day of pampering. Begin with the Tranquil Thermal Spa Journey to relax and de-stress yourselves, followed by your selection of 90 min treatments. Choose from: Full facial & Back massage or Full body massage & Express facial. Finish off your day with a delicious Afternoon Tea & a glass of prosecco.

£189 per pair

Call 01524 582 916 to book your Spa Day

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