

## TREATMENTS

### Massage

Traditional - back and neck (25 mins)	£27.50
Traditional - full body (55 mins)	£40
Indian Head	£35
Hot Stone - back and neck (25 mins)	£29
Hot Stone - full body (60 mins)	£50
ELEMIS Deep Tissue - back (30 mins)	£28
ELEMIS Deep Tissue - freestyle (60 mins)	£45.50
Ishga Invigorating Body Massage (30 mins)	£38
Ishga Invigorating Body Massage (60 mins)	£45

### Add-ons

Hand massage (15 mins)	£10
Foot massage (15 mins)	£10
Scalp massage (15 mins)	£10

### Facials

ELEMIS Pro Collagen Age Defy	£50
ELEMIS Pro Definition Lift and Contour	£50
ELEMIS Dynamic Resurfacing Precision Peel	£50
ELEMIS Superfood Pro Radiance	£50
ELEMIS Sensitive Skin Soother	£50
ELEMIS Anti Blemish Mattify and Calm	£50
ELEMIS High Performance Skin Energiser for Men	£50

### Add-ons

Eye Reviver	£10
-------------	-----

### ELEMIS BIOTEC Facials

ELEMIS BIOTEC Radiance Renew
ELEMIS BIOTEC Line Eraser
ELEMIS BIOTEC Skin Resurfacer
ELEMIS BIOTEC Sensitive Skin Soother
ELEMIS BIOTEC Super-Charger for Men

30 min facial  
£35

60 min facial  
£56

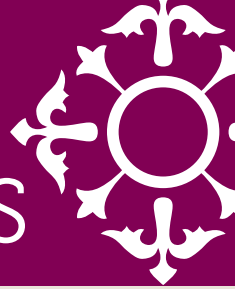
### Course of 6 BIOTEC facials for £250 saving £80

Some health conditions restrict the use of Biotec Facials, including pregnancy, epilepsy & heart conditions among others. Speak to your therapist before booking any treatments.

### Scrubs and Wraps

ELEMIS Body Nectar Nourishing Wrap with Frangipani Scrub	£42
ELEMIS Intensely Cleansing Salt Scrub	£26
ELEMIS Frangipani Body Scrub	£26
Ishga Salt and Oil Scrub	£26
Ishga Detoxifying Seaweed Body Wrap	£41

We also offer a selection of Spa Days,  
please ask a member of the Tranquil Spa Team for more information.



## FINISHING TOUCHES

Call to book your appointment today on 01524 582 916

### The Nail Bar

Manicure	£25
Zenspa Pedicure	£25
File and Polish (hands or feet)	£12
Jessica GELeration File & Polish	£15
Jessica GELeration removal	£8
Artificial Nails	£30
Artificial Nails Infills	£25

### Add-ons

Add GELeration to any Manicure or Pedicure £5

### Waxing

Half lower leg	£18
Full leg	£23
Bikini line	£9.50
Chest or stomach	£13.50
Upper lip, chin or cheek	£6
Eyebrow	£7
Lower arm	£11.50
Under arm	£7.50
Back	£14

### Tanning

Skinny Tan Spray Tan £15

### Tinting & Lifting

Eye lash tint	£9.50
Eyebrow tint	£6.50
Lash and brow	£15
Patch test	FREE
Kelatin Lash Lifts & Vegan Lash Lifts	£25
Henna Brows	£26

### Give the gift of relaxation

A gift voucher from Tranquil Spa truly is the perfect gift for any occasion.

Our gift vouchers are valid for 1 year from the date of purchase, and are available from just £10. Purchase your voucher from Spa Reception on your next visit.

### Become a Tranquil Spa Member and receive 20% off treatments

For just **£25 per month...**

- Unlimited\* access to the Thermal Journey
- 20% discount on treatments
- Access to the swimming pool\*

\*within usage guides. Booking in advance is advised.  
Swimming access during public swim times only.