

Lancaster Men's Hub

Registered Charity 1196670

Men's Talk Programme



MEN'S TALK with Lancaster Men's Hub

Final Friday of the month, 12:30 to 1:30pm

The Cornerstone, Sulyard Street, Lancaster LA1 1PX

Previous Talks

Alex Campbell, Let's Be Friends; **Jennie Chapman**, Red Rose Recovery; **Nicole Combe** and **Andrea Bentham**, Morecambe Bay Wills & Estates Ltd; **Simon Gershon**, Refugee Re-building Project; **Simon Rothwell**, Cancer Care, on cancer awareness; **Simon Stewart**, Cornerstone Chaplain, on Grief

Summer/Autumn 2022

24 June	Tina Fry	Alzheimer's Society, dementia awareness, dementia cafes
29 July	Gary Van-Gills	Hepatitis C Trust, including free hepatitis C test
26 August		No talk (Bank Holiday weekend)
30 September	Yvonne Brade	Samaritans
28 October	Kara Cooper	Lancaster University Chaplain, on Mindfulness
25 November	Anne Oliver	Age UK, including awareness of scams
30 December		No talk (closed)

Winter/Spring 2023

27 January	Robert Skipworth	Lancashire Fire And Rescue Service
24 February	Sarah Baines	Integrated Care Community Development Lead
31 March	Dr Fred J Ayres	Lune Valley Beekeepers
28 April	Adullam Team	Living Life to the Full

Prospective speakers (to be confirmed)

Lorna Stevens, Citizens Advice

Email info@thelmh.org.uk

Visit www.thelmh.org.uk

 LMH: Lancaster Men's Hub

