WE'RE CHRISTMAS READY, **AREYOU?**

From treatment experiences, events and all your Christmas pampering and shopping, Tranquil Spa are Christmas ready to help you select the best gifts for everyone on your nice list!

FESTIVE TREATS PICK N MIX (All 25 min treatments)

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SPA & BEAUTY

- Back neck and shoulder massage
- Mini glow facial- ishga
- Clear your mind with a hair and face mask with scalp massage
- Cosy toes reviver, scrub, massage and mask
- Nectarine and honey body scrub

CRUELTY FREE CHRISTMAS

Choose from ISHGA's seaweed baths products, award winning skincare with 86 vitamins and minerals and amazing by the sea candles

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With new therapists Amy and Amelia

- Brightening glow facial- ishga
- Eye enhancing, eyelash tint finished off with Cooling elemis eye mask

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• Gel fingers OR gel toes

ULTIMATE CHRISTMAS GLOW FACIAL

Step 1 : Dermaplaning to smooth your skin to flawless

- Step 2 : Steam clean of your skin
- Step 3 : Application of 24k gold jelly mask to lift your skin tone

£10 off ishga facial

Present this voucher at reception when booking your next ishga facial to received a £10 discount.

Offer limited to 1 per person. Offer expires 31st January.

GIFT VOUCHERS

The best present money can buy ...gift a friend or loved one the freedom to choose a special treat for themselves, and take time to relax.

Spend over £75 on gift vouchers and receive a FREE 2-hour thermal spa pass worth £20

THE CALM BEFORE THE STORM....

relax with us

Take a little time out and spend 2 hrs with a friend to relax before the hustle and bustle in our award-winning thermal spa experience.

DISCOVER THE PERFECT GIFT FOR EVERYONE ON YOUR LIST

Elemis Christmas gift collection is super popular this year with huge savings and packaged in beautiful boxes, come into the spa and browse and one of our little elves can help inspire you! ...whatever your budget

Christmas opening hours

Fri 23 rd Dec	Standard Opening	
Sat 24 th Dec	Gym	07:00 - 12:00
	Pool	
	Energy	
	Cafe	09:00 - 12:00
	Classes	Morning only
	X-height	CLOSED
	Treatments	until 12:00
	Tranquil Spa	CLOSED
Sun 25 th - Tues 27 th Dec	CLOSED	
Wed 28 th - Fri 30 th Dec	Standard Opening	
Sat 31st Dec	Gym	07:00 - 12:00
	Pool	
	Energy	09:00 - 12:00
	X-height	
	Cafe	
	Classes	Morning only
	Treatments	until 12:00
	Tranquil Spa	CLOSED
Sun 1st - Mon 2nd Jan	CLOSED	

lancaster.gov.uk/tranquilspa Salt Ayre Leisure Centre, Doris Henderson Way, LA1 5JS

Call 01524 582 916 to book

@saltayre /tranquilspa_and_beauty

Terms and conditions: These offers are valid until 31/01/23. All offers are subject to availability, are on a first come first served basis, and cannot be used in conjunction with any other offers. Additional membership discount does not apply to any of the above offers. Appointments should be booked in advance to avoid disappointment. Management reserve the right to change any of the above offers without advance notice.