



TRANQUIL
SPA & BEAUTY

Summer Sizzlers

- Choose 2 for £42
- Choose 3 for £53

1 x FREE 2hr thermal journey pass when you book 3 treatments

Valid 1st Aug - 30th Sept 2023

Relaxing Back, Neck & Shoulder Massage

Soothing Express Elemis of Ishga Facial

Rejuvenating Foot & Leg Massage

Invigorating Hand & Arm Massage

Calming Neck & Scalp Massage

Summer Skin Consultations

For just £5

Spend 10 - 15 minutes with one of our friendly Spa Therapists who will perform a skin analysis and offer advice on skincare to suit your needs. Receive 40% off products you purchase as part of the consultation.



lancaster.gov.uk/tranquilspa
Salt Ayre Leisure Centre, Lancaster, LA1 5JS

Call 01524 582 916 to book



@tranquilspa_and_beauty
/tranquilspaandbeauty

Relax, we've got you...
Spa Thermal Journey
2 for £30



Inclusive of a Salt Inhalation room, Aroma Steam room, Watermill sauna and Relaxation room.

Fluffy robe, slippers and towel provided.

Recommended to book every 1 - 2 weeks.

40% off All Retail Products

While stocks last

Pop into the Spa and grab yourself a bargain...



Simply Spa Membership just £28

Become a Tranquil Spa member today!

Simply Spa membership includes:

Unlimited access to the Thermal Spa Journey*
Access to Swimming Pool (during public swim times only)

20% off selected treatments in Tranquil Spa

20% off XHeight & Gravity bookings

*limited to one visit per day

Sounds great, doesn't it!

Email tranquilspa@lancaster.gov.uk to sign up



Spa Days

Treat yourself, you deserve it...

Relax and unwind in the welcoming surroundings of Tranquil Spa. Whether you are spending an hour or an afternoon with us, we'll make sure you achieve total wellbeing and leave feeling relaxed, rejuvenated and happy.

Starting from just £39 per person

Can also be added to a gift voucher as a wonderful way to say 'I love you'.

Visit the website lancaster.gov.uk/tranquilspa or contact the team tranquilspa@lancaster.gov.uk, 01524 582 916 for more info and to book.

Terms & conditions: Offers are valid until 30th September 2023. All offers are subject to availability, are on a first come first served basis, and cannot be used in conjunction with any other offers for discounts. Offers cannot be transferred to multiple parties. Additional membership discount does not apply to any of the above offers. Appointments should be booked in advance to avoid disappointment. Management reserve the right to change or withdraw any offers without advanced notice.