

TRANQUIL SPA & BEAUTY

TREATMENTS

*20% discount available for Salt Ayre Leisure Centre Members

ISHGA back and neck (25 mins)

Massage		ELEMIS BIOTEC Facials	
Traditional - back and neck (25 mins)	£39*	ELEMIS BIOTEC Pro-Glow Renewal	
Traditional - full body (55 mins)	£55*	ELEMIS BIOTEC Pro-Glow Smooth	
Indian Head	£47*	ELEMIS BIOTEC Pro-Glow Brilliance	
Hot Stone - back and neck (25 mins)	£41*	ELEMIS BIOTEC Pro-Glow Resurface (1.0)	
Hot Stone - full body (60 mins)	£58*	ELEMIS BIOTEC Pro-Glow Resurface (2.0)	
ISHGA Invigorating full body (55 mins	£55*	25 min facial	£45*

50 min facial

£39*

Add-ons

Hand massage (15 mins)	£15
Foot massage (15 mins)	£15
Scalp massage (15 mins)	£15
Eye reviver (15 mins)	£15

Facials

ELEMIS Pro-Glow Renewal (50 mins)	£55*
ELEMIS Pro-Glow Smooth (50 mins)	£55*
ELEMIS Pro-Glow Brilliance (50 mins)	£55*
ELEMIS Pro-Glow Resurface (50mins)	£55*
ELEMIS Pro-Glow Genius (50 mins)	£55*
ELEMIS Express Facial (25 mins)	£39*
ELEMIS 24/7 Peptide Facial (30 mins)	£40*
ISHGA Express Facial (25 mins)	£39*
ISHGA Facial (55 mins)	£55*

Extras

Anti-Wrinkle Injections Skin Peels (ask at reception for more details)

Course of 6 BIOTEC facials for £310 saving £62

£62*

Some health conditions restrict the use of Biotec Facials, including pregnancy, epilepsy & heart conditions among others. Speak to your therapist before booking any treatments.

Scrubs and Wraps

ELEMIS Nourishing Wrap	£49*
ELEMIS Intensely Cleansing Salt Scrub	£37*
ELEMIS Frangipani Body Scrub	£37*
ISHGA Salt and Oil Scrub	£48*
ISHGA Seaweed Body Wrap	£59*

Dermaplaning

Express	£40
Including ELEMIS mask	£49

Hopi Ear Candling

£35* 40 mins (including scalp & face massage)

Full payment is required at the time of booking. Cancellations - please provide 24 hours notice, bookings cancelled within 12 hours will be charged in

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FINISHING TOUCHES

Call to book your appointment today on 01524 582 916

The Nail Bar	
Mii Manicure	£33
with Gel	£38
Mii Pedicure	£39
with Gel	£43
File and Polish (hands or feet)	£16
Gel application	£24
(hands or feet, including cuticle work)	
Gel removal	£10
Artificial Nails	£40
Artificial Nails Infills	£30
Artificial Nails Soak Off	£14
Artificial Nails and Gel Polish	from £48
Artificial Nails Infill and Gel Polish	from £35
Biab Overlay	from £42
BIAB Full Set on Natural Nails	£48
BIAB Full Set Extensions	£39
BIAB Infills	£28
Biab Infills with Gel	from £37
Gel add on	£9
Nail Art	from £5
Nail extension or Gel repair	per nail £2

Waxing

Half lower leg	£25*
Full leg	£30*
Bikini line	£15*
Chest or stomach	£23*
Upper lip,chin or cheek	£13*
Eyebrow	£12*
Lower arm	£17*
Under arm	£15*
Back only	£25*

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Tanning

Spray Tan	£23

Tinting & Lifting	
Eye lash tint	£15*
Eyebrow tint	£12*
Brow wax and tint	£19*
Lash and brow tint	£23*
Henna Brows	£35
Kelatin Lash Lifts & Vegan Lash Lifts	£40
Patch test	FREE

Spa Journey

Private Hire (Sunday's only)	£250	
Spa Journey	£20	
Spa Journey Weekends	£25	

Become a Tranquil Spa Member and receive 20% off treatments

For just £48 per month...

- Unlimited* access to the Thermal Journey
- 20% discount on selected treatments
- Access to the swimming pool*

*within usage guides. Booking in advance is advised. Swimming access during public swim times only