



TRANQUIL SPA & BEAUTY

TREATMENTS

*20% discount available for Salt Ayre Leisure Centre Members

Massage

Traditional - back and neck (25 mins)	£30*
Traditional - full body (55 mins)	£40*
Indian Head	£32*
Hot Stone - back and neck (25 mins)	£41*
Hot Stone - full body (60 mins)	£58*

Add-ons

Hand massage (15 mins)	£10
Foot massage (15 mins)	£10
Scalp massage (15 mins)	£10
Eye reviver (15 mins)	£10

Facials

ELEMIS Pro-Glow Renewal (50 mins)	£50*
ELEMIS Pro-Glow Smooth (50 mins)	£50*
ELEMIS Pro-Glow Brilliance (50 mins)	£50*
ELEMIS Pro-Glow Resurface (50mins)	£50*
ELEMIS Pro-Glow Genius (50 mins)	£50*
ELEMIS Express Facial (25 mins)	£30*

Scrubs and Wraps

ELEMIS Nourishing Wrap	£49*
ELEMIS Intensely Cleansing Salt Scrub	£37*
ELEMIS Frangipani Body Scrub	£37*

Hopi Ear Candling

(including scalp & face massage)	£30*
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Become a Tranquil Spa Member and receive 20% off treatments

For just £35 per month...

- Unlimited* access to the Thermal Journey
- 20% discount on selected treatments
- Access to the swimming pool*

*within usage guides. Booking in advance is advised.
Swimming access during public swim times only.

A 50% deposit is required at the time of booking.

Deposits are non-refundable, in the event of a cancellation no refunds or exchanges will be made



FINISHING TOUCHES

Call to book your appointment today on 01524 582 916

The Nail Bar

Mii Manicure	£30
with Gel	£35
Mii Pedicure	£30
with Gel	£35
File and Polish (hands or feet)	£15
Gel application (hands or Feet)	£24
Gel removal	£10
Artificial Nails	£38
Artificial Nails Infills	£30
Artificial Nails Soak Off	£15
Artificial Nails and Gel Polish	£40
Artificial Nails Infill and Gel Polish	£30
BIAB Full Set on Natural Nails	£32
BIAB Infills	£28
Biab Infills with Gel	£35
Nail Art+	£5
Nail Art French Polish	£10
Nail extension or Gel repair	per nail £2

+ All nail art must be pre-booked.

Waxing

Half lower leg	£25*
Full leg	£30*
Bikini line	£15*
Chest or stomach	£23*
Upper lip, chin or cheek	£13*
Eyebrow	£12*
Lower arm	£17*
Under arm	£15*
Back only	£25*

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Tanning

Spray Tan	£20
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Tinting & Lifting

Eye lash tint	£15*
Eyebrow tint	£10*
Brow wax and tint	£17*
Lash and brow tint	£20*
Brow Stain	£30
Brow Lamination & tint	£25
Lash Lift	£40
Patch test	FREE

Spa Journey

Private Hire (Sunday's only)	£250
Spa Journey	£20

Spa Days

We also offer a selection of Spa Day options. Please ask a member of the Tranquil Team.