

28th July - 24th August 2025

Main Pool

Monday

07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	18.00	Public Swim*
18.10	-	18.45	Adult Only £2.20 Public Swim

Tuesday

07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	13.00	Public Swim
13.30	-	15.00	Giant Pool Inflatable^
16.00	-	18.45	Public Swim*

Wednesday

07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	14.45	Public Swim
15.00	-	16.00	£2.50 Public Swim
16.15	-	17.15	£2.50 Public Swim
17.30	-	18.45	£2.50 Public Swim

Thursday

07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	13.00	Public Swim
13.30	-	15.00	Giant Pool Inflatable^
16.00	-	19.00	Public Swim*
19.15	-	20.15	Adult Only Public Swim

Friday

07.00	-	08.30	Early Bird Public Swim
09.00	-	10.00	Adult Only Public Swim
10.00	-	18.15	Public Swim*

Saturday

10.45	-	15.30	Public Swim
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Sunday

08.00	-	09.30	Adult Only Public Swim**
09.45	-	14.45	Public Swim

Small Pool

Monday

11.45	-	12.35	Aqua Fit+
13.00	-	13.50	Aqua Fit

Tuesday

12.30	-	13.20	Aqua Zumba+
18.10	-	19.00	Aqua Zumba+

Wednesday

12.00	-	12.50	Aqua Fit+
13.30	-	14.45	Public Swim
17.45	-	18.35	Aqua Zumba+

Thursday

11.15	-	12.05	Aqua Zumba+
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Friday

12.00	-	12.50	Aqua Fit
14.15	-	15.45	Public Swim

Saturday

10.45	-	13.30	Public Swim
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Sunday

09.45	-	14.45	Public Swim
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+ Pre-book via lancaster.gov.uk/fitnessclasses
^ Pre-book via www.lancaster.gov.uk/special-events
*NL/HP - Half pool available, no swim lanes 16.00 - 18.00
** NL/HP - Half pool available, no swim lanes 8.00 - 9.30

Price List

	Pay as you swim	Go Card
Adults	£5.20	£2.60
Juniors (3-15 years)	£3.30	£1.30
Seniors (60+)	£3.60	
Family Swim (2 adults + 2 children)	£15.50	
Spectators / Carers / Under 3	Free	
Other Pool Sessions		
Pool Fitness Classes	£6.99	£3.50
Adult Fitness Swim	£6.99	£3.50

Inflatable Fun Sessions	
Adults & Children	£7.00
Holiday Inflatable	£8.00

Swimming Discount Card	
12 Swims for the price of 10	
Adult	£52.00
Junior	£53.00
Senior	£36.00

1 Month

unlimited swim pass*

Adult	-	£39.50
Junior	-	£29.00
Senior	-	£34.00

6 Month

unlimited swim pass*

Adult	-	£188
Junior	-	£103
Senior	-	£153
Early Bird	-	£108

*Replacement cards can be
purchased for £2.60