



TRAINING ZONE TIMETABLE

open access for everyone

Monday

7:00 – 09:50

11:45 – 21:30

Tuesday

06:00 – 10:20

11:15 – 17:20

19:30 – 21:30

Wednesday

07:00 – 09:20

11:15 – 17:50

18:45 – 21:30

Thursday

06:00 – 10:20

11:15 – 18:20

19:30 – 21:30

Friday

7:00 – 21:30

Saturday

09:00 - 17:00

Sunday

08:00 - 17:00