



# Junior Members

What classes can you attend?

Junior Members or customers aged 14 - 17 years are able to attend the following classes:

- **Zumba**
- **Clubbercise**
- **Les Mills Sh'Bam**
- **Les Mills BodyJam**
- **Les Mills Body Combat**
- **Les Mills RPM\***
- **Les Mills The Trip\***

\*Instructor led classes only, virtual classes not included

There is a restriction on classes due to health and safety reasons. Once you turn 18 you are able to attend all classes.



**Check out our class timetable for more info on class dates, times and locations**